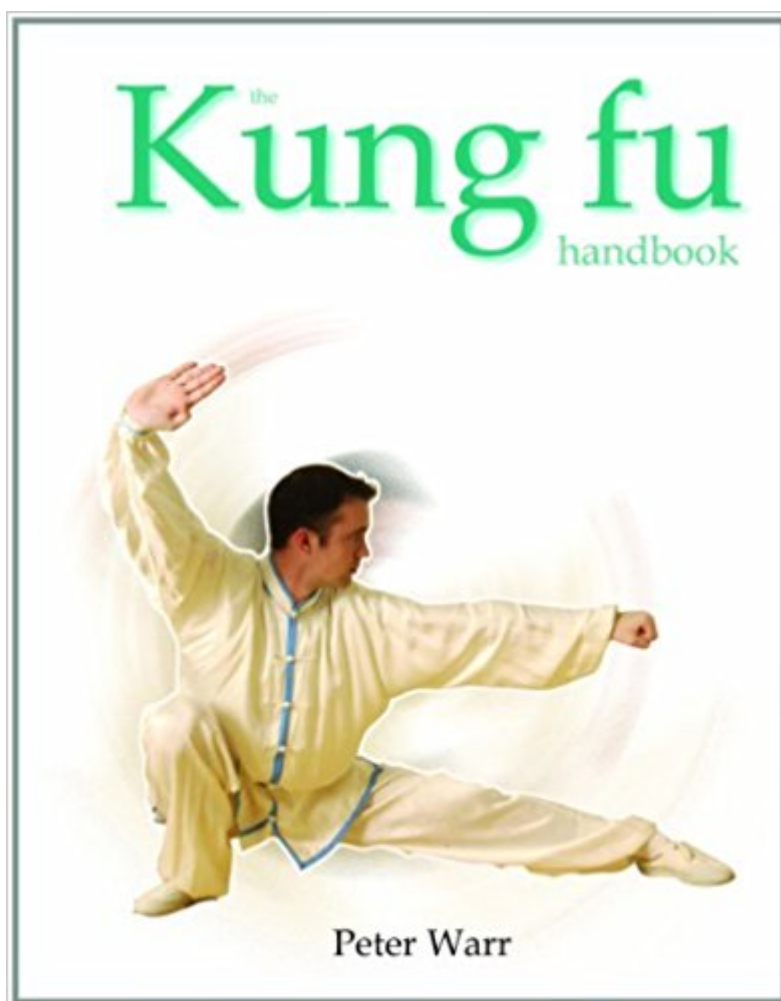


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# The Kung Fu Handbook (Martial Arts (Rosen))



## Synopsis

Learn about kung fu from its history to stance and techniques. Includes full-color photographs illustrating step-by-step instructions, table of contents, afterword, index and bibliography. Chapter Book: 12 chapters.

## Book Information

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Good book for beginners...

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